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Grow Me Instead Ontario

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Use the *Grow Me Instead* guide to create a beautiful garden that supports the diversity of native plants and animals in your neighbourhood.



Wildflower Mix
Native Plant Seeds

Native Wildflower Mix

Contains: **Wild Bergamot** (*Monarda fistulosa*)
Black-eyed Susan (*Rudbeckia hirta*)
and **Evening Primrose** (*Oenothera biennis*)

Growing Instructions

Best sown in fall.

1. Create a weed-free site in full sun.
2. Mix the seeds with moist sawdust or vermiculite and spread evenly.
3. Rake seeds in, then walk over site to press into soil.
4. The seeds should start germinating in the spring.



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